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July 8—Thursday—Joint meeting with Rotary. Gary Chandler has the program.

Due to a scheduling conflict with Congressman Childers, our speaker will be David Rumbarger, President of the Community Development Foundation of Lee County. He will be speaking about the recent Toyota announcement. This is still a joint meeting with the other civic clubs at Shiloh Ridge next Thursday

July 13—Pat Ray - Veterans administration

July 20— Brian McCullen

July 27—Lanny Monroe

August 3 - Larry Stanford - something with Toyota

Please note that we ain't a'gonna meet on Tuesday this week. Please show up at Roscoe's on Thursday the 8th.

Bilroy's rules of napping

1. Find a hiding place far from your significant other. What she doesn't know won't cause her heart to go pitty pat.
2. Remove garments with elastic at the waist. The belly is the seat of repose, or very near to it.
3. Cover the eyes and ears with a dense, soft, old piece of clothing, known in my household as "the head rag."
4. Place a bolster under your knees. Aching legs and feet cause crankiness, marital discord, and varicose veins.
5. Elevate the head so as not to interfere with digestion. Tuck another bolster pillow under your chin so that while sleeping you don't go slack-jawed like a mummy.
6. Since it is never easy to free the bonds of consciousness, you must focus the mind on some object of transcendent beauty, something ethereal, perfect and pure, for example, a page from the Sports Illustrated Swimsuit Edition.
7. Breathe slowly and deeply into your belly (unfettered by elastic).
8. Do not move for at least 20 minutes – for far longer if you can get away with it.

What Are Grits?

Nobody knows. Some folks believe grits are grown on bushes and are harvested by midgets by shaking the bushes after spreading sheets around them. Many people feel that grits are made from ground up bits of white corn.

These are obviously lies spread by Communists and terrorists. Nothing as good as Grits can be made from corn. The most recent research suggests that the mysterious Manna that God rained down upon the Israelites during their time in the Sinai Desert was most likely Grits. Critics disagree, stating that there is no record of biscuits, butter, salt, and red eye gravy raining down from the sky, and that God would not punish his people by forcing them to eat Grits without these key ingredients.

How Grits are Formed.

Grits are formed deep underground under intense heat and pressure. It takes over 1,000 years to form a single Grit. Most of the world's grit mines are in Mississippi and Alabama, and are guarded day and night by armed guards and pit bull dogs. Harvesting the Grit is a dangerous occupation, and many Grit miners lose their lives each year so that Grits can continue to be served morning after morning for breakfast (not that having Grits for lunch and dinner is out of the question).

Yankees have attempted to create synthetic Grits. They call it Cream of Wheat. As far as we can tell, the key ingredients of Cream of Wheat are Elmer's Glue and shredded styrofoam. These synthetic grits have also been shown to cause nausea, and may leave you unable to have children.

Historical Grits

As we mentioned earlier, the first known mention of Grits was by the Ancient Israelites in the Sinai Desert. After that, Grits were not heard from for another 1,000 years. Experts feel that Grits were used during this time only during secret religious ceremonies and were kept from the public due to their rarity.

The next mention of Grits was found amidst the ruins of the ancient city of Pompeii in a woman's personal diary. The woman's name was Herculaneum Jemimaneus (Aunt Jemimato to her friends).

The 10 Commandments of Grits

- I. Thou shalt not put syrup on thy Grits
- II. Thou shalt not eat thy Grits with a spoon or knife
- III. Thou shalt not eat Cream of Wheat and call it Grits, for this is blasphemy
- IV. Thou shalt not covet thy neighbor's Grits
- V. Thou shalt use only salt, butter, and red-eye gravy as toppings for thy Grits
- VI. Thou shalt not eat Instant Grits
- VII. Thou shalt not put ketchup on thy Grits
- VIII. Thou shalt not put margarine on thy Grits
- IX. Thou shalt not eat toast with thy Grits, only biscuits made from scratch
- X. Thou shalt eat grits on the Sabbath for this is manna from heaven

How to Eat Grits

Immediately after removing your grits from the stove top, add a generous portion of butter or red eye gravy. (WARNING: Do NOT use low-fat butter.) The butter should cause the Grits to turn a wondrous shade of yellow. (Hold a banana or a yellow rain slicker next to your Grits; if the colors match, you have the correct amount of butter.)

In lieu of butter, pour a generous helping of red eye gravy on your grits. Be sure to pour enough to have some left for sopping up with your biscuits. Never, ever substitute canned or store bought biscuits for the real thing because they cause cancer, rotten teeth and impotence. Next, add salt. (NOTICE: The correct ration of Grit to Salt is 10:1. Therefore, for every 10 grits, you should have 1 grain of salt.) Now, begin eating your grits. Always use a fork, never a spoon, to eat Grits. Your grits should be thick enough so they do not run through the tines of the fork.

The correct beverage to serve with Grits is black coffee. DO NOT use cream or, heaven forbid, Skim Milk.) Your grits should never be eaten in a bowl because Yankees will think it's Cream of Wheat.

REDNECK BLESSING BEFORE EATING GRITS

May the lord bless these grits,
May no Yankee ever get the recipe,
May I eat grits every day while living,
And may I die while eating grits.